



Beginners Course Information

&

Booking form

REJUVE 



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Your Future in Your Hands

The professional nail industry is one of the fastest growing industries in the UK today. Nail treatments have traditionally taken second place to hair and beauty services, with technicians renting desks within hair and beauty salons. However this has now changed and there are many successful nail salons opening across the UK, with even more mobile and home based technicians setting up their own businesses.

With the local governments in the London area putting increasing pressure on the standards in Health and beauty industry – it is now mandatory to have a government recognised qualification to work in a salon environment. With this in mind and to ensure quality standards within the nail industry - we have developed our courses to insure that;

1. your education is to the highest standards
2. you leave with formally recognised qualifications
3. there is no need for extra training with product suppliers
4. the products used on the course are to the highest quality
5. the duration of the course enables you gain a quick and thorough learning experience
6. you have quality attention from the tutor as there is only 6 per class
7. you have on going support and access to tutors out-side of class room sessions

BEGINNERS PROGRAMME

Course Fee : £475.00 + Vat

VTCT lifetime registration fee : £16.00

VTCT Examination fee: £43.00

This is a Beginner level course and is tailored to the needs of Therapists working in the Beauty/Complementary health care industry. This is a pre-requisite course for anyone wishing to progress their career in the nail industry. This course involves basic full manicure and pedicure treatments, alongside health and safety training.

THE COURSE CONTENT WILL INCLUDE

You will be taught a range of manicure and pedicure treatments including hand, foot and nail analysis and associated massage treatments. The course also covers applied science and related industry legislation;

- Health, hygiene, safety & legislation (VR02 & VR74)
- Preparation of therapist, tools, work area and client
- Theory of tools and products
- Consultation/record cards
- Contra-indications and contra-actions
- Benefits & effects of manicures & pedicures
- Massage theory
- Theory of anatomy & physiology: of the hands, arms & foot and lower leg, nail disorders and diseases, nail growth
- Practical manicure & pedicure routine
- Practical tip application method
- Range of varnish application techniques
- Massage of the hand, arm & foot and lower leg
- Post & future treatment advice
- Case studies
- Workbooks are completed as self study at home to reinforce learning

Candidates wishing to achieve this qualification will need to build a portfolio of evidence containing written, practical assessments, assignments, workbooks & all

ASSESSMENT METHOD

The assessment method for this course will be written assignments and multiple choice exam and oral questions. You will also be observed during practical sessions to ensure that your knowledge and skills are put into practice.

This training manual is to be used as a guideline, and the content is merely an introduction to each subject matter. In order to successfully complete this course you are strongly advised to use the **The Encyclopaedia of Nails** 2nd Edition by Jacqui Jefford & Anne Swain to aid you in the completion of assignments and further enforce class work,

QUALIFICATION

Upon successful completion of the course you will achieve;

1. **VTCT Level 3 Diploma** in Health, Safety, Security & Employment standards
2. **VTCT Level 2 Certificate** in Nail Treatments
3. **Professionalnails Certificate** in Only Hands & Only Feet Treatments
4. **Professionalnails Certificate** – Tip application

COURSE DURATION

The duration of the course will be 5 full days.

Day 1	AM		Introduction to course work health and safety, setting up work area, contra-indications, consultation and practical skills for manicure, anatomy and physiology.
	PM	Model 1	Manicure tools & equipment and uses. Practical - Manicure table set-up and Nail Prep – Cuticle tidy, nail filing and buffing
Day 2	AM	Model 2	Practical – client consultation, full manicure including prep, scrub, mask & massage
	PM	Model 2	Polishing techniques – light colour with French finish
Day 3	AM	Model 3	Practical – mini manicure – including, prep, massage & polish dark colour
	PM	Training Hand	Prep & Tip application & blending with natural finish
Day 4	AM / PM	Model 4	Prep & Tip application & blending with natural finish
Day 5	AM	Model 1	client consultation. Setting up pedicure area, client prep and removal of callus & Spa – scrub, mask and massage techniques. Finish with Light colour
	PM	Model 2	Mini Pedicure including – prep & massage with dark colour polish

MODELS

Models will be required for the practical sessions it is important to consider the ranges required when selecting a model.

For the **manicure** you will need to show evidence of working on at least 3 of the following ranges in the class and the remaining two can be bought in at pictorial evidence.;

1. minor corrugated furrows
2. split or brittle nails
3. hand nails
4. severely bitten nails
5. excessively dry cuticles

For the **pedicure** you will need to show evidence of working on at least 2 of the following ranges in the class and the remaining two can be bought in as pictorial evidence.;

1. minor corrugated furrows
2. split or brittle nails
3. hang nails
4. excessively dry cuticles

TOOLS & EQUIPMENT

During the course you will have at your disposal professional tools & equipment. This will allow you to test these tools and to find your preference.

For the duration of the course, you will be provided with a Nail Training Hand for Home practice. You will be required to leave a deposit of £50.00 for the training hand whilst it is in your possession. This will be returned to you once the training hand has been returned in good re-useable condition.

You will also be required to purchase 3 starter kits;

Only Hands Manicure Kit	=	£110.00	+vat
Only Feet Pedicure Kit	=	£110.00	+vat
Tip Application Kit	=	£ 80.00	+vat

**Please note if you book onto both the Beginners and Advance course at the same time you will not be required to purchase the Tip Application Kit.

Kit Content

Only Hands Manicure Kit

- Contents: - Only Feet Soak & Wash 500 ml - Only Feet Scrub Free 500ml - Only Feet Spa Mask 500ml - Only Feet Cool Gel 500ml - Only Feet Light Step Lotion 500ml - Only Feet Deep Treatment 500ml - Only Feet Sponge - 1 pair Only Feet Mittens - Foot File - Toe Separator - Clinifile Green - Manicure Stick Wood -Pronails Cuticle Remover - Pronails Fix Plus - Pronails Hot Gloss - Professionails Pro Septic 125 ml - Soft Finisher - English Treatment Manual

Only Feet Pedicure Kit

- Only hands Gentle Exfoliant 500 ml - Only hands multi Action mask 500 ml - Only hands Anti Age Cream 500 ml - Only hands Sponge Pink - Only hands manicure Bowl clear - Pronails Cuticle Remover - Pronails Cuticle Treatment - Pronails Activ hardener - Pronails Pastel Ridge Filler - Pronails Seco Seco - manicure Stick Wood - Xpress Shine Buffer - Black Board Wood - Banana Cuti Stone - 1 pair of Cotton mittens - 1 nail Clipper - Pronails non Acetone Polish Remover 100 ml - Professionails Pro Septic Spray 125 ml - Cosmetic Pads 500 pieces - English instruction booklet

Tip Application Kit

- Symmetric Square Professional Nail Tips, Clinilotion 125ml, New Generation File, Pink Clinifile, Green Clinifile, large Nozzles, Nail Off 100ml, Tip Slicer, Nail Glue, Tip Blender



Course Booking form

First name

Second name.....

Address

.....

.....

Postcode

.....

Telephone

Email

Please indicate the training course and Date of your choice;

	Course Fee per trainee – inc VAT	No of trainees	Course date	Deposit Per trainee inc VAT
Beginner VTCT course	£614.10			£200.00

Can you please reserve me a place on the course as I have indicated above.

I have enclosed a cheque deposit of £ _____ , made payable to Rejuve UK Ltd. (Please send form and cheque payment to Rejuve UK Ltd, 100 West Hendon Broadway Hendon London NW9 7AA).

I wish to pay by Credit Card can you please call me on _____ .